

HEARTY WELCOME



SR. ANANCY MATHEW
joins **CDEW SOCIETY**

as part time Project Coordinator. As we welcome her we wish her God's blessings & every success in all her undertakings.

YOUTH MEET AT FIDES

On 9th August FIDES organised a Google Meet for the youth. 20 youth participated. Sr. Alice Chacko, the resource person shared three important points the Auxilium youth should do during this pandemic

- Sensitivity to creations
- Awake, Arise, Act for the poor and migrants
- Simple lifestyle in living and relating

Sister concluded saying "Earth is God's Gift to us and we are appointed as caretakers-stewards". Youth agreed to act upon the suggestions proposed and decided to prepare a Whatsapp group.



PROGRAM HIGHLIGHTS

- ✚ LAUDATO-SI INITIATIVES
- ✚ NDF MEETING
- ✚ CAPACITY BUILDING PROGRAM FOR SOCIAL MINISTRY ANIMATORS
- ✚ FAMILY APOSTOLATE

DIRECTOR'S NOTE

Dear Sisters,

Almost 8 months have rolled by since the deadly virus attacked Mother Earth, our Common Home casting a veil of gloom and despair all over. Everyone thought it would all end within 2 or 3 months and we will be back to normal life without much delay. But it was not to be so. As we see, the present scenario speaks of fear, anxiety, tension, loneliness...no jobs ... no business...no food ... no security and deaths everywhere.

While on one side all these negative effects are acutely affecting the minds and hearts of people, on the other side there is a deepening of faith and trust in the power of God through prayer and penance initiated by many retreat centres and spirit filled individuals. Many have learned to bend their knees in humble surrender to the Lord who alone can heal every illness and wipe away all pain.

We as prophets of this trying times are beckoned to be in the forefront inspiring, enlightening, accompanying, sharing and leading our brothers and sisters to turn to God our Father who alone can save us and give us the power needed to overcome every difficulty.

I know all the communities in the province are up and doing and initiating many new activities in order to reach out to people. Many of you are fully engaged in online classes of every type – schools, VTC, Family apostolate, YAR centres, NCP groups; others are engaged in various kinds of webinar like retreats, monthly recollection, conferences. Sisters have become indeed experts in conducting Google meet, Zoom meet, Webinar etc. Many are engaged in giving concrete assistance like counselling, conducting prayers etc. So we are growing, we have grown. God be praised.

Herbal Garden

Besides, in response to the *cry of the earth* all the communities have taken seriously the *Ethics of Enough* and are living a very simple life. I know as part of this ethics of enough and also to sustain our Mother Earth all the communities are very much into planting trees, vegetables and making the campus free of every kind of pollution. My sincere thanks and congratulations to all the animators who are in the forefront giving good example to all the Sisters and to every Sister in the community for joining hands with the Animator and working for the common cause. Kudos to you dear Sisters!

I like to dedicate this News letter to the **PROVINCIAL HOUSE**. You know as the Mother House of the Province, Sacred Heart Convent is pinned to be a model community to the other 32 communities of the Province. And indeed it is giving that example to be pointed out as the model community for all. As you roll down the pages you will see what the Provincial House is up and doing. Mind you all the works in the house goes on as usual, yet the sisters find time to reach out to all the activities that are proposed by the Animator. It also points out how the leader has to think, plan and motivate. The success of any activity depends on this leadership quality.

We have just celebrated the twin feast of **FREEDOM** – Freedom of our Country and Freedom of Mary Our Mother from the two bondages; one of foreign rule and the other from sin and Satan. May these feasts teach us the lesson that the *freedom* that we are looking forward from this Pandemic will soon be won over through our intercession with our Blessed Virgin Mary.

Thank you and God bless you.

Sr. Rosy Lopez



ETHICS OF ENOUGH

Adhering to the invitation of Pope Francis to Care for God's Creation, the United Nation's declaration of the year 2020 as the "Year of Plant Health" and the Provincial Sr. Celine Jacob's recommendation about the "Ethics of Enough" we, the Sisters of Sacred Heart Provincial house community decided to work in the farm in spite of the hectic work load each one holds.

Every Sister of the community has made it possible to have a flexible time table to synergize all our energies to cultivate the vegetables needed for our daily requirement. Everyday all the members of the community, both Sisters and staff, put in one hour of service in the garden. We are divided into 3 groups DB, MM and MHC and each group takes care of one area for the cultivation and takes pride in giving whole hearted service.

The powerful intercessions of our four senior most Sisters back us up and inspire us in our effort to participate, appreciate, protect and care for the planet earth.



MAZZARELLO GROUP



MARIAN GROUP



DON BOSCO GROUP



High lights of FMA – NDF Meet

We had five days of FMA-NDF virtual meet organized by National Development Coordinator Sr. Azarias Arokia Mary Selvi of Trichy Province from 10th -14th August 2020 from 2.45 to 5.30 p.m. Seven FMA Social Development Officers and 2/3 core team members from each province participated in the meeting. Fr. Joe Xavier S.J. our consultant was our guide and resource person. The focus of the meeting was on Care for Common Home, Sustainable livelihood, Self employment and Child Rights. Our Social Ministry sector under the leadership of Sr. Rosy Lopez Director of CDEW have placed the emphasis on the following thematic areas under different target group.

Women: Sustainable Livelihood and Care for Common Home. This theme needs to be translated into action by our five centres namely: Maradiyur, Puthiyathura, Thope, Kanakakunnu and Fides. The Animators and Sisters in charge of Social Ministry of these centres will be oriented to take forward the IGP such as agriculture, animal husbandry, groceries, food processing, bakery, catering, petty shops and tailoring for the women. This year we aim at 250 families to attain sustainable livelihood and I am sure that we can achieve our target.

Youth: We ensure quality skill training which enables our young people to fetch a good job in the open competitive market or confidence to begin an employment of their own. We aim at reaching out to 600 young people from our four centres. We are envisioning to impart skills like E-commerce, 21st Century Skills, Digital Literacy, Textile Science, Garment Making Technology, Pattern Construction and Machine Mechanism.

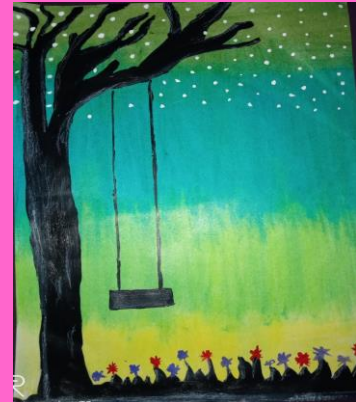
Child Rights: All our formal and non-formal sectors shall implement NCP (Neighborhood Children's Parliament) and Child Protection Policy particularly paying attention to children who are problematic, those from broken families, victims of child abuse and those with behavioral problems and so on. We are aware and we have experienced in our own States the children's suicidal tendency more than ever. Hence, we shall offer counseling, guidance and place possible alternatives and support to meet the dire needs of children, youth and women.

Sr. Ancy Mathew FMA

Creativity of NCP Children



Wall paintings



Art works of VTC Students



WELCOME

**ORIENTATION
PROGRAM &
RE-IMAGING
THE SCOPE OF
FMA NDF TO
MEET THE
CHALLENGES
OF PANDEMIC
AND POST
PANDEMIC
TIMES**

**VIRTUAL WORKSHOP
FROM
10 TO 14 AUGUST 2020**



All the participants

Independence Day Celebration

Being the 74th Independence Day the Sacred Heart Community of Bangalore conducted competitions on Indian Constitution, Patriotic songs and speech about Freedom Fighters for the Sisters in order to revive our patriotism and to remind ourselves of our “Rights and Duties”.

MM group bagged the first prize.



Quiz Competition



Patriotic songs



Speech on Freedom Fighters

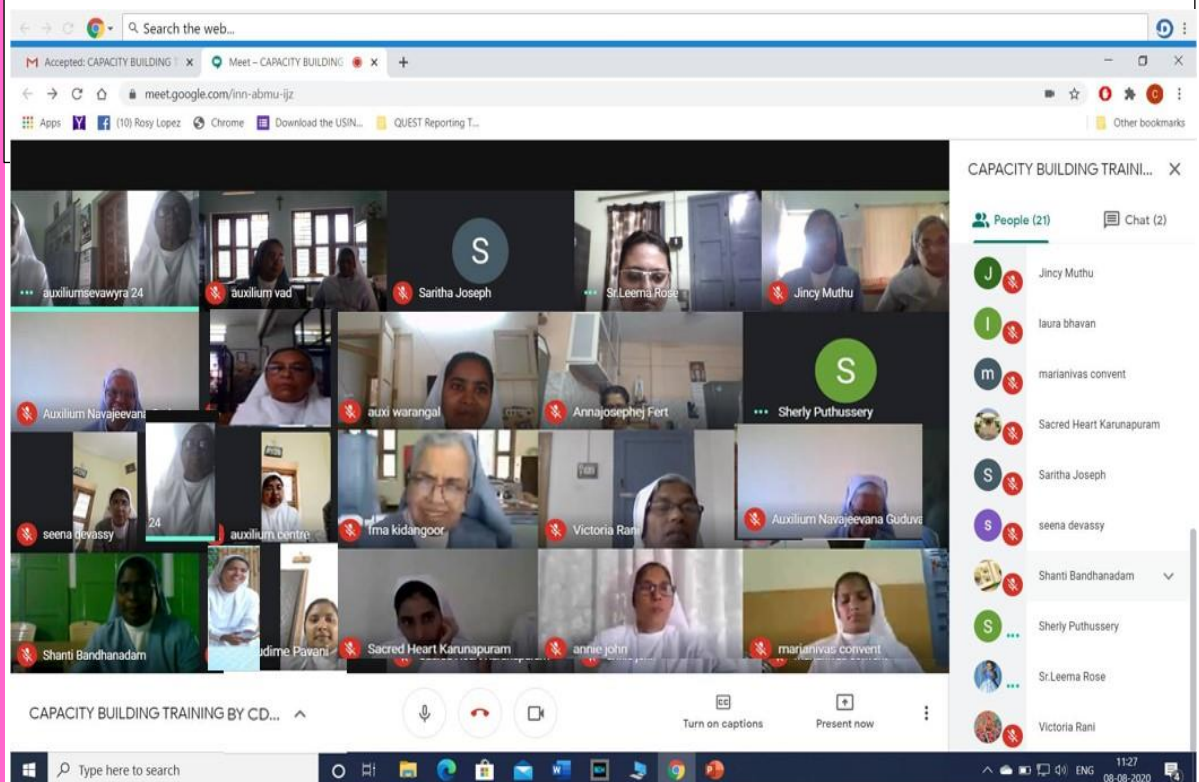
SOCIAL MINISTRY WEBINAR ON CAPACITY BUILDING PROGRAMME

Sr. Rosy Lopez, Director of CDEW organized a webinar to capacitate the Sisters who are carrying out the Social Ministry apostolate in their own respective communities of the Province. There was an overwhelming response of 95% and the participants were enthusiastic, attentive and every one assured their cooperation. Sr. Annie Toppil – Vice Provincial delivered the keynote address inviting everyone to follow the footsteps of our holy founders who worked with determination for the poor and needy children and youth of their time. Sr. Rosy Lopez explained the term “Social Ministry” as some were not clear about it. Whatever mission / activity that we do for the promotion of children, youth and women is called Social Ministry. It could be both formal and non formal.

She also briefed them about the **Social Ministry-Apostolic Plan for 2020-21** and its set activities. It puts emphasis on “**Innovation and Effectiveness in Mission**” and how to carry them out at different centres and what is expected from each centre. We want to see that our recipients: children, youth and women become self confident to face the various problems they might encounter tomorrow, to have the courage to raise their voices against injustice, become good leaders and agents of transformation who would protect, promote, nurture and uphold life in all its aspects. We continue Value Based Approach in our services in all YaR, NCP, IGP, SHG and VTC groups. Thus we bring out a profound impact on the direct beneficiaries, families and on the wider community. She exhorted all the sisters to become self confident and efficient and pass on the same to the members of their groups. Thus we ensure our recipients of their responsibilities of contributing back to the society what they had received for their integral growth.

The participants were requested to prepare the action plan for the year considering the covid and post covid pandemic period to achieve the goals and objectives set in Social Ministry-Apostolic Plan for 2020-21.

Mini Sebastian



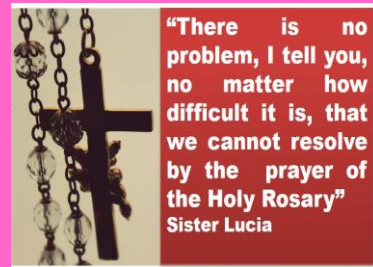
FAMILY APOSTOLATE

Following the words of Jesus Christ “Go and Proclaim” with the missionary zeal and enthusiasm, the Sisters of the Provincial house began the online family visits on 26th July 2020. The families were contacted early and each family was assigned to groups of 2 or 3 Sisters. There was lots of joy, enthusiasm, love and concern to listen, to share and to be part of the family. Each group met them at a time convenient for the family. Sisters listened to their joys and problems as they were open to them. There was reciprocal sharing and listening and at the end they prayed the Rosary together.

The family members as well as the Sisters experienced joy of coming to know each other. During the prayer moments the Sisters invoked God’s blessing for their special needs and the families in turn expressed their gratitude. We meet the families regularly on every Sunday.

Most of the families are regular in praying the Rosary. The families call upon the Sisters whenever any need arises to invoke God’s blessings upon them. There is lot joy, peace, contentment and happiness in the family.

Sr. Agnes FMA



The goal of Family Apostolate and Prayer Ministry is to equip, enable, and encourage our families to pray continually and effectively while making prayer a part of their life specially for protection, strength and unity.

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